Authentic Maasai immersion in Tanzania to get to know the culture from the inside.

Tanzania



Get to know the **Masai culture** by doing a real **immersion** with them in Tanzania. Do it through **sustainable and responsible tourism**. This is one of Trip To Help's most immersive experiences: **experiential tourism and immersion with the Tanzanian Maasai community**.

• We **will enter into the authentic life of the Maasai,** making a real and respectful immersion.

• **We will live your day to day, in full connection with nature.** We will visit their houses, called bomas, build our own shoes by recycling old tires, learn how to make fire in a natural way, cook our own food and sleep bivouacking under a unique blanket of stars.

• In addition, we will have time to **meet and visit the projects of the NGO that inspired Trip to Help.** During our stay at the Masai Lodge, we will meet Cornelia, the daughter of the founder of the NGO Africa Amini Alama, doctor of the NGO's health center, and coordinator of the whole project. We will be able to talk to her and she will explain the day-to-day life of this organization.

You will carry this Maasai immersion with you forever. In addition to getting to know the Maasai culture first hand and the ongoing projects of this NGO, you will contribute from the first day to the local community's ability to have a dignified life, with education and health care projects. Experiential, responsible and supportive tourism with the Maasai community in Tanzania. And remember: if you have any questions about the **Maasai dive in Tanzania**, we are here to answer them.

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Maasai warrior with Kilimanjaro in the background.[/caption]

Tour Facts

Group Size:
Private Group

Language:
English

Duration:
6

Tour Type:
continuous

Tour Itinerary

Day 1 : Pick up from Kilimanjaro Airport and transfer to Original Maasai Lodge



On our first day we will be picked up from Kilimanjaro Airport and driven to a unique lodge run by Maasai where we will have our first contact with them. In the evening we will have a campfire and take the opportunity to be together and talk to them. Night: Masai Lodge

Meals Included
Lunch, Dinner,

Day 2 : The adventure begins



In the morning, we will have breakfast and go for a short walk around the Masai Lodge with our guide. During this time we will be able to learn about the medicinal plants in the surrounding African steppe. After lunch, we will change into Masai clothes and in the afternoon we will start our immersive journey with them. We will be given food and water for 3 days, a sleeping bag and an insulator and we will ride on a donkey, which will help us to transport everything to get into the nature.

Meals Included
Breakfast, Lunch, Dinner,

Day 3 : In the heart of nature



After breakfast we will learn first-hand what it means to live self-sufficiently. We will learn how to make slippers from an old tyre. We will collect herbs and roots and cook an authentic Maasai soup with them. In the evening, we will follow their way of life. We will dine on what we have hunted around the fire with the community. The more adventurous can learn how to slaughter a goat themselves, just like a Maasai. That night we will sleep in an authentic Masai house: a Masai Boma.

Meals Included
Breakfast, Lunch, Dinner,

Day 4 : Return to Original Masai Lodge



After 3 days in the middle of nature and without any western luxury, it is time to return to the Masai Lodge where we can relax and enjoy the swimming pool, sauna and the wonderful views. In the afternoon we will have the privilege to meet the founder of the NGO Africa Amini Alama or her daughter Cornelia, doctor and coordinator of the project. They will explain to us how they have built everything from scratch, what obstacles they have encountered and what the reality of the place is, and they will answer all our questions! We will sleep in the Original Masai Lodge.

Meals Included
Breakfast, Lunch, Dinner,

Day 5 : We visited the NGO's projects



We will wake up early in the morning to watch the sun rise behind Kilimanjaro over a cup of tea or coffee. Today we will drive to Meru, where we will have a typical African lunch in a local restaurant. We will get to know the projects of the NGO, and in the afternoon, a naturopathic wellness treatment awaits us. Dinner and overnight at Hillside Retreat.

Meals Included
Breakfast, Lunch, Dinner,

Day 6 : Last Day

We will get up for breakfast, check out and our guide will take us to the airport or departure point to continue our pre-arranged trip.

Meals Included
Breakfast,

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